Please Take Part in Gulf Coast Seaweed Survey

So through my sustainability studies at Texas State University, master's program, I've been recruited to help finish some research that will be published; survey marketing project that is reviewing "the marketability of a seaweed-based compost as a "boutique" compost. The seaweed is an invasive species on the Gulf Coast. " We need 250 more surveys of gardeners who just look at samples of the compost. We need 10 people to actually try gardening with the compost & do interviews later. Anyone interested in taking a seaweed survey for your garden? I am in the Central Texas area doing this research. Please sign up on my site if you are interested in participating in this study.

If you would like to read more about the impact of the latest news on the Gulf of Mexico Research Initiative check out the article listed to the featured picture; What Lies Beneath: Scientists Study Seaweed to Understand Gulf Oil Impacts.

Urban Roots Promotes Growth through Volunteerism in the Austin Community

This morning I spent a few hours weeding tomato plants for a local nonprofit that supports the development of youth by teaching organic farming techniques as well as genuine life principles. Although the youth who work on the farm are scheduled on Saturdays it was a great way to meet people on an Organic Farm that I haven't volunteered at before. Truth be told it's been on my list of nonprofits to volunteer for quite some time. I was prompted to help out when I also thought it'd be mutually beneficial for LateBloom, Siduslink, and my own personal development too.

I must admit, what I love the most about volunteering on organic farms is learning what other people are doing, meeting new faces, sharing ideas, reflecting on lessons in life, and if your lucky, getting some complimentary produce for your efforts at the end of your shift. This farm is just off 183 S; loop around the Balm exit and it's tucked back around some curves that eventually turn into Delwau Lane. The farm is on just a small plot of land with well established and maintained rows. Megan assisted volunteers; there were 8 by mid morning. She even held a t-shirt drawing for volunteers at the end of the shift which I think

is just another fantastic way to give back even more! I had the pleasure of meeting a great gal originally from Vermont today who shared an equally fulfilling conversation with me right from the start. It’s hard finding women to connect with who don’t live states away so hopefully we will keep in touch!

If you are looking for a great way to meet others who share the same interests as you, volunteer on a local farm who invites volunteers. Urban Roots only asks for 3 hours on Tuesdays and Thursdays which isn’t long at all. Urban Roots not only assists in the developmental and educational growth of urban youth in Austin but helps strengthen communities through their farm volunteerism program! I will definitely return. I had a wonderful time and experience. As an added bonus I was able to glean a few more peppers for canning tonight! Davin will be happy I can add a few more into his hot sauce too!

Thank you Urban Roots for a genuine experience. Glad I volunteered my time and efforts. For more information on how you can help Urban Roots thrive check them out online at http://www.urbanrootsatx.org/ or Give to Urban Roots by volunteering or donating.